



CROSSTOWN

September 2023

At the foot of the cross in downtown St. Petersburg



**Co-Chairs Announced for
Search Committee, Page 2**

**Oktoberfest Fun: You're Invited,
Page 5**

**Outreach Has a New Name,
Page 7**

**Why We're Going on the
Pilgrimage to Alabama, Page 10**

Bishop Scharf shares a moment with Rebecca and the Rev. Mike Alford at Baseball with the Bishop on August 25. Alas, Rays lost to the Yankees, 6-2. Photo by MICHELLE THOMAS

Chapter Appoints Search Co-Chairs, Seeks Search Committee Members

In the next few weeks our search for a new dean will take a major step forward.

At its August meeting the Chapter named Ray McColgan and Judy Stark as co-chairs of the Search Committee. Ray is a past senior warden, current stewardship chair, member of the Friends of St. Aelred,

usher, and coffee-hour host. Judy works as a consultant to dioceses that are seeking new bishops. She is also a past senior warden and current Chapter member, coffee hour host, and newsletter editor.

“I am honored that Chapter has asked me to co-chair the Search Committee for our new dean,” Ray said. “I love our Cathedral and want it to continue to thrive, grow, and be open and affirming to all. Along with Judy (with whom I am thrilled to co-chair), I will diligently work to find the best candidate possible.”

On September 3 we will post a nominating form at

spcathedral.org/dean-search for nominations and self-nominations to create a Search Committee. This is a group of seven additional people who will oversee a survey of the congregation and conduct listening sessions, then write a profile, evaluate candidates, and discern whom to recommend to the Chapter as our next dean.

“This is an exciting time in our life as the Cathedral,” Judy said. “I’m looking forward to working with a team representing the rich diversity of the congregation to envision our future.”

Under our tentative schedule, we will post our profile in December and candidates will submit their applications to the bishop’s office, which will review them and pass on potential candidates to the Search Committee early in 2024. Then the committee will conduct interviews, do reference checks, and invite finalists to visit us. We



Co-chairs Ray McColgan and Judy Stark. Photo by MIKE SCHILLACE

[continued on page 3](#)

Search for New Dean

[continued from page 2](#)

expect to make a call in June 2024 and have our new dean in place by September.

Meanwhile, the Chapter continues in conversation with Bishop Scharf about appointing an interim dean.

At the request of the bishop, Chapter members agreed to extend their terms for a year — that is, all current members will serve an additional fourth year. We do this to provide stability and continuity during this time of transition. The Chapter did the same thing in 2008, at the request of then-Bishop Dabney Smith, when our former dean, Stephen Morris, was first called to St. Peter's. This means that there will be no Chapter elections at our Annual Meeting in January.

The Chapter also voted to increase security by having an off-duty St. Petersburg police officer stationed on Second Avenue N on Sundays and major holidays/events. This is a pilot program from now until the end of the year, at which time we'll revisit and evaluate it.

Education for Ministry Wants YOU!

Education for Ministry (EfM) is a four-year, mentored, small-group program of theological reflection for lay people that is grounded in scripture and church history. It is not Bible study, though we do reflect on the Bible. The group at the Cathedral meets in person from 6 p.m. to 8:30 p.m. every Monday between Labor Day and Memorial Day.

A typical evening consists of a time for participants to share what's happening in their lives, prayer, discussion of the week's

readings, and a theological reflection. There are no quizzes, tests, or papers to write. There is a cost involved, and students have the opportunity to commit to only one year at a time.

This year, Michelle Thomas and Courtney McBaen will mentor the group, which consists of a minimum of 6 people. We have space for YOU! Interested? Contact Michelle Thomas (mthomas@spcathedral.com) for more information.



High hurricane season continues through September. The Cathedral does not provide hurricane shelter. When the next storm comes along, plan now where you will go if you are told to evacuate. Find hurricane evacuation routes and other emergency information at <https://www.pinellascounty.org/emergency/knowyourzone.htm>

Sing Along with Dwight and Choir, Bid on Favorite Music at Our Hymn Festival

Be prepared for glorious music, great stories, and competitive bidding at our Hymn Festival at 5 p.m. Sunday, September 17: “Let the People Praise You: Our Faith in Song,” a fund-raiser for Florida Resurrection House.

We’ll start in the Cathedral, where the choir and the congregation will sing hymns and hear the back stories — who wrote them, when and why, the anecdotes (both informative and amusing), the contexts that make familiar words and music come alive.

The freewill offering will support Resurrection House’s innovative approach to breaking the generational cycle of poverty in families through trauma-informed care.

**How Resurrection House
Helps: [Page 15](#)**

The singing will be followed by a festive reception in Harvard Hall with hors d’oeuvres and ice cream. There will be raffles for prizes, again benefiting Resurrection House. Donations include tickets to local theater and the Florida Orchestra, wine, a charcuterie basket, and gift cards to local businesses and restaurants.

Raffle tickets will be available to purchase after the 10:15 a.m. service on Sundays, September 10 and 17, and during the event. Tickets are \$5 each or 5 tickets for \$20.

Music Director Dwight Thomas will also conduct a live auction where you can bid



to have your favorite hymn sung in the month of your choice, or to ban a not-so-favorite hymn for a year. (Dwight notes that terms and conditions apply: No Christmas carols in July!) We expect serious competition here.

This will be an evening with extraordinary music, a time to connect with others, and win some great prizes, all for a good cause. Please invite others!

Please contact Hillary Peete (hpeete@spcathedral.com) if you have items you would like to donate for the raffle, would like to support the cost of the reception, or can donate your time during the event.

Don't Miss the Fun! Sign Up Now for Oktoberfest

Oktoberfest returns Friday, September 29 — our annual festive dinner in Harvard Hall to celebrate the bounty of this year



and mark the start of our 2024 Faith Filled Commitment Campaign.

On the menu: brats in pretzel rolls, German potato salad, sauerkraut, apple strudel, and beer, wine, apple cider, and soft drinks.

We'll also have a children's menu, and child care will be provided upon request.

There's no charge for Oktoberfest, but we do need an accurate count, so **YOU MUST REGISTER** at spcathedral.org/oktoberfest, or register in person in Harvard Hall after the 10:15 a.m. service on September 10, 17, or 24. No tickets will be sold at the door.

We'll have our annual trivia contest (winner gets a Cathedral tote bag), so start

brushing up on your knowledge of Episcopal history. Oktoberfest is a fun night to get together as the Cathedral family, begin the busy fall program year, and celebrate all that we have accomplished together.

The Faith Filled Commitment Campaign is the time each fall when we invite everyone to make a financial commitment to the Cathedral for the coming year. Our

goal for 2024 is \$950,000, an increase of 5.6 percent over our 2023 campaign goal.

Our theme this year is "Rooted in God's Abundance," reminding us that we have been blessed by God with all the gifts of Creation, and our lives and our response to that generosity are rooted in abundance.



Plenty of Fun- and Faith-Filled Activities On the Fall Calendar

Here are major events coming up between now and the end of the year. Get them on your calendar and plan to participate! We'll have details as these events draw near.

Friday, September 29, at 5:30 p.m.: **Oktoberfest** dinner and party, Harvard Hall. Story, [Page 5](#).

Saturday, September 30: Deanery Blessing of the Animals celebration at St. Bartholomew's, 3747 34th St. S. Bring your furred, finned, and feathered friends (or a picture, if they don't travel well) for a blessing, treats, and fun.

Sunday, October 29, at 5 p.m.: **All Hallows' Eve**. The jazz ensemble returns; spooky organ music; scary tales right out of the Bible (ghosts! skeletons!

dragons!); s'mores around the fire pits in the garden.

Wednesday, November 1, at 7 p.m.:
Contemplative All Saints' Service.
Sunday, November 5, at 2 p.m.:



Canoeucharist. We'll rent canoes or kayaks, enjoy paddling in local waters, and celebrate a Eucharist on board.

Sunday, December 3, at 4 p.m.: **Live Nativity** with real animals, crafts, food, fun, Christmas-carol singalong at St. Bartholomew's Episcopal Church, 3747 34th St. S.

Sunday, December 17, at the 10:15 a.m. service: **Christmas pageant** presented by Cathedral children and youth.

Thursday, December 21, at 7 p.m.: Longest Night service. Quiet prayer and music for those for whom this is a difficult season of illness, loss, or loneliness.

Canon Brandon Peete, assisted by Sophia Preston, celebrated the Eucharist on the water last fall. We'll do it again November 5. Photo by HILLARY PEETE.

Another Season of Choral Evensong Begins with Stanford Service

Our season of Choral Evensong resumes at 5 p.m. September 24, the 17th Sunday after Pentecost.

The service begins with an organ prelude at 4:45 p.m. by Cathedral Music Director and Precentor Dwight Thomas, featuring the J.S. Bach *Fantaisie in G Major*.

The service is the *Stanford in G*. The Responses are by Gerre Hancock, and the Anthem is Charles Wood's "Hail, Gladdening Light."



Charles Villiers Stanford

Charles Villiers Stanford (1852-1924) was an Irish composer, music teacher, and conductor who is considered one of the seminal figures of the British musical renaissance in the late 19th Century. Among his pupils were rising composers whose fame went on to surpass his own, including Gustav Holst and Ralph Vaughan Williams.

A freewill offering is taken, and a reception follows.

New Round of Microgrants, New Name As We Care and Share

The Outreach Committee proudly announces our new name: **the Community Caring and Sharing Committee**. We sought a name that more accurately reflected our mission, and we thank Fay Mackey, who suggested this new name.

We continue to find ways to meet the needs of our community. One of those is our program of microgrants to community nonprofits. We are now accepting applications for microgrants of \$250 to \$750. Deadline is October 13 and the grants will be awarded in November.

**Community
Caring & Sharing**

If you volunteer at, or otherwise support, a nonprofit organization in our community that works to transform the lives of the vulnerable through food, health, education, relationship-building, or inclusivity initiatives, please let them know about the Cathedral microgrant program and encourage them to apply. For application forms and information about past recipients, please visit spcathedral.org/grant.

These microgrants of a few hundred dollars make a huge difference to small nonprofits that offer food, clothing, and other forms of support to the needy and vulnerable in our community.

St. Pete High Students Need Your Contributions

During September we will collect school supplies, personal hygiene items, food, and gift cards for the Green Devils Pantry & Closet at St. Petersburg High School. This 54-square-foot closet/pantry provides supplies to hundreds of students each year, no questions asked.



The Green Devils Pantry & Closet was the recipient last fall of a \$550 Cathedral microgrant.

Please bring your contributions on Sundays, or drop them off at the front desk during weekday office hours.

Here's the list of needed items:

School supplies: Spiral notebooks, loose-leaf notebook paper, composition books, pocket folders, pencils, pens

Food: Vienna sausages, backpackable snacks, chicken or spicy-chicken brick ramen, and large foam cups to cook the ramen in

Personal hygiene items: Hotel-size (travel-size) body lotion and hand sanitizer, unopened cosmetics, solid deodorant (no aerosols), feminine hygiene pads (no panty liners), small packs of Kleenex, Ipsy brand makeup bags

Clothing: Footie socks, both male and

female; gently worn sports, military, college, or SPHS clothing ONLY

Miscellaneous: Gently worn jewelry
Gift cards: Small-increment gift cards (\$20 or less) to Aldi or Save a Lot stores so families can buy what they need. Gift cards to other stores in any amount can be used for rewards.

Cash donations: Can be made via check payable to the Green Devils Pantry & Closet or by Venmo to GDPantry.



The Green Devils Pantry & Closet is organized and maintained by student "Closeteers" at St. Petersburg High School. Begun in 2006 with a \$500 grant, the GDP&C's mission is to provide food, clothing, and other needed items to the Green Devils family, no questions asked. "It is all about dignity and modeling benevolence."

We Got Campbell Park Off To a Great School Year, Sent Some Love to Peterborough

Much of the work in August of the Community Caring and Sharing Committee focused on Campbell Park Elementary School. Using checks and Walmart gift card donations from individual members and \$2,250 from the Committee's allocation, the Cathedral was able to sponsor all 31 classrooms at \$150 per classroom for the 2023-24 school year.

We also donated a carload of school uniforms, underwear, and socks, plus school supplies for the resource room, and hundreds of encouragement cards for the students signed by Cathedral members during July and early August coffee hours.

In response to an urgent request, we used \$500 of the Committee's allocation to purchase large-size uniform shorts, pants, and underwear.

Using a Thrivent Action Team grant, Cathedral members assembled and delivered 30 emergency bags to the Peterborough Apartments in early August. The bags include personal items, hygiene supplies, and food items to tide residents over during times when they may be unable to get out to shop. These bags are among the most appreciated items we supply to any of our community partners.

Fall Online Class: The Book of Hebrews

We will dive into the Book of Hebrews for a four-week study beginning September 19 via Zoom. The Rev. Mike Alford will lead this in-depth look at an anonymous sermon written to encourage and fortify an early church facing persecution and questions about their faith. Drawing on the rich history of the Old Testament and God's promises to the Israelites, the Book of Hebrews continues to speak words of faith, hope, and redemption to believers and seekers today. The class meets from 6:30 to 7:30 p.m. September 19 and 26 and October 3 and 10. Information and registration are at spcathedral.org/bible-study.



Pilgrims Talk About Why They're Making the Trip To Alabama Civil Rights Sites

Betsy Adams

Registration is open, pilgrims are registering, excitement is building. It's time to take that first step on our Civil Rights Pilgrimage.

The Cathedral's Becoming Beloved Community invites you to participate in a four-day pilgrimage — April 11-14, 2024 — to significant racial and social-justice sites in Montgomery, Selma, and Tuskegee, AL. All are welcome: those well-versed in justice issues and those just beginning the journey. Our new curate, the Rev. Mike Alford, will be among the pilgrims.

The pilgrimage is one step in a journey towards racial healing. We begin to physically experience the stories we may have only heard. We will walk in the footsteps of those courageous and resilient people who walked there before us.

On this pilgrimage, we'll visit historic sites and meet unsung heroes and foot

soldiers of the Civil Rights Movement. As a spiritual pilgrimage, we reflect on what we experience together so when we each return home, we can apply what we have learned to make a difference in today's world.

Those who have committed to the pilgrimage were asked to share why they have chosen to go on this journey. This is what several of our future pilgrims have to say:

I had been curious about the Civil Rights Trail since I first heard about it — but wasn't sure when it would fit into my travel plans. So when I saw this trip, it felt like the perfect opportunity to commit to doing



Ellen Alexander

it and to gain from the experience of doing it as a pilgrimage with others. I am looking forward to hearing other people's perspectives and having time for spiritual reflection on this journey.

— Ellen Alexander

My experience of Sacred Ground led me to study further and to take seriously the charge to “do justice.” I'm looking forward to learning more during the pilgrimage about the history of injustice in our country and about those who struggled against it.

— Cynthia Garrels



Cynthia Garrels

[continued on page 11](#)

Why We'll Go on Pilgrimage

[continued from page 10](#)

In June of 2020, I participated by Zoom in the Virtual Pilgrimage for Racial Justice hosted by The Church of the Heavenly Rest and Union Theological Seminary, both in New York City. Not only was this program extremely informative, I had visceral reactions to the talks, discussions, and videos I heard and saw. I want to have the same depth of feeling by going in person to the Legacy Museum and the national Memorial and Museum for Peace and Justice.



Fay Mackey

— Fay Mackey

Come take your place on this long trail of history. Come see, learn, sing, and make a new way in the struggle for justice. The time is now!

How to Join the Pilgrimage

All are invited to join the pilgrimage to Alabama, April 11-14, 2024. Here are some ways to learn more about the pilgrimage:

* At spcathedral.org/beloved-community you can **watch a video** (click on “peace and justice memorial center”) showing what we’ll see on the pilgrimage. Or click on “Pilgrimage Dates and Details” for a downloadable brochure.

* To speak to someone in person, **contact Betsy Adams** (betsygadams@icloud.com).

* **To register for the pilgrimage**, visit <https://portal.myfaithjourneys.com>. Group number: 24030.



IN THE HOSPITAL?

Please call the office (727-822-4173) to let us know when you are hospitalized or ill at home. Because of privacy laws, the only way we know you are ill is if you tell us. And please let us know when good health has been restored.

Visit our intercessory prayer web page (spcathedral.org/prayer), where you can find guidance on how to pray; view a prayer list that is updated weekly; send in prayer requests; or request a pastoral visit.

All Are Invited to Walk ON SACRED GROUND

Betsy Adams

Sacred Ground, a program to foster racial healing and reconciliation, will return to

Register for Sacred Ground

The new Sacred Ground circle will open with an in-person meeting on Saturday, October 21, from 10 a.m. to 3 p.m. Then the group will meet biweekly via Zoom on Wednesdays, time to be arranged, with a three-week break in December and resuming January 3. The final session is an in-person meeting on March 2 from 10 a.m. to 3 p.m. Learn more and register at spcathedral.org/sacred-ground. More information is at the Episcopal Church site, episcopalchurch.org/sacred-ground.

the Cathedral in October. This film-based dialogue series on race, grounded in faith, is an initiative of the wider Episcopal Church, part of a commitment to justice in our personal lives, ministries, and society. It involves two in-person meetings and eight biweekly Zoom sessions, from October through March.

The series draws on powerful documentary films and readings that focus on Indigenous, Black, Latino, and Asian/Pacific American histories as they intersect with European-American histories. It invites participants to unpack their own histories and experiences in a safe space. The 10 sessions cover a wide range of issues and challenges of race and racism in this country.

All are welcome, whether you are well-versed in these issues or are just beginning



the journey. Please be in touch with Betsy Adams (betsygadams@icloud.com) for more information.

Can I Get A Witness?

Perhaps the best way to understand the significance of Sacred Ground is to hear from one who has walked there, as both participant and facilitator.

Please enjoy the testimony of St. Peter's Cathedral member Kathy Coughlan:

About 10 years ago I attended a program at St. Luke's Cathedral in Portland, Maine. It was presented by descendants of the De-Wolf family of Bristol, RI, once the nation's most successful slave-trading family whose

[continued on page 13](#)

Walk on Sacred Ground

[continued from page 12](#)

ancestor, James DeWolf (1764-1837), was the second-wealthiest man in the country.

The descendants showed the Emmy-nominated PBS film *Traces of the Trade*, documenting their family's involvement in the slave trade, in which contemporary family members vowed that they would make reparation in some way. One of the family members was Katrina Brown, an Episcopalian, who produced and directed the film and developed the Sacred Ground program.

I truly believe that I was led by the Holy Spirit to attend that program as it planted the seed of my involvement with Sacred Ground, first as a participant and later as a facilitator. "It was life-changing" is a trite comment, but indeed, that was my experience! Having



Kathy Coughlan: The Holy Spirit led her to experience the Sacred Ground program, a life-changing experience.

grown up in a middle-class neighborhood in New York, I was exposed to many cultures. I was quite certain that I knew a lot about the people around me. I thought that my education had taught me the history of slavery and about people of other nationalities who had come to the U.S. But I found that this was not so.

The Sacred Ground program is comprehensive in scope. The videos and testimonies are powerful. I had to face my own racism and white privilege, yet had the support of the group to acknowledge my own complicity, to grieve, and to make some reparations of my own. Sacred Ground stands out as one of the most important experiences I have had in my religious education.

If anyone would like to ask me questions or just discuss my experience with Sacred Ground, feel free to send me an email at: irishlass817@icloud.com.

Beloved Community Movie Night: *Just Mercy*

On Friday, October 13, at 5:30 p.m., we'll show *Just Mercy*, a film centered around themes of empathy, equity, hope, and resilience. The story follows Harvard Law School graduate Bryan Stevenson's move to Alabama, where he recognizes an urgent need to provide free legal assistance to minorities who have been unfairly sentenced.

Stevenson initiated the National Memorial for Peace and Justice in Montgomery, AL, which honors the names of each of more than 4,000 African-Americans lynched in the 12 states of the South from 1877 to 1950. Our pilgrimage next April to the Civil Rights sites in Alabama includes a visit to the memorial.



FAST House Meetings Start to Identify Social-Justice Priorities

Two small-group meetings are on the schedule as members of FAST — Faith and Action for Strength Together — start the annual process of identifying the top social-justice issues that need action in Pinellas County.

What is FAST?

Faith and Action for Strength Together (FAST) is a justice-ministry organization of 50 religious congregations throughout Pinellas County that band together to create positive change in our community. FAST is a congregation-based 501(c)3 non-profit whose purpose is to train community residents from diverse congregations to work together to identify root causes of community problems and take action on these problems. Learn more at fast-pinellas.org.

St. Peter's is one of 50 faith communities that work together to prioritize the issues and develop solutions that will be presented to elected officials in the spring to win their support and improve the lives of Pinellas residents.

Last spring FAST succeeded in gaining government support for pre-arrest diversion for non-dangerous driving offenses, improved water quality, and increased affordable housing.

A series of house meetings around the county in the weeks to come will bring together groups of 8 to 10 to talk about a new set of priorities. Issues that have surfaced in the past include early childhood care, juvenile criminal justice, senior



transportation, and mental-health access. Two meetings are scheduled for St. Peter's members and friends (see the box for dates and locations).

The ideas generated at the house meetings are then prioritized by FAST

members countywide, who spend months in research and analysis and in developing proposed actions that will be presented to elected officials at a public gathering in the spring.

Want to know more? Please speak with enthusiastic FAST members Betsy Adams, Kathy Coughlan, Cynthia Garrels, Fay

[continued on page 15](#)

FAST

[continued from page 14](#)

Mackey, or Hillary Peete. They'll be glad to share their satisfying experiences of learning how working together makes a difference, especially at a time when we often feel as if there's nothing we can do to change the world. Please send an e-mail to Hillary Peete if you plan to attend (hpeete@spcathedral.com), or sign up at spcathedral.org/fast, where you can also find more information about FAST. We'll schedule additional gatherings if there is interest.

FAST House Meetings

*** Sunday, September 10, at 4 p.m.** at the home of Rebecca Lyons.

*** Sunday, October 1, at 3 p.m.** via Zoom. Visit spcathedral.org/fast for the link.

When Things Go Wrong, Resurrection House Is There to Help

How many times have you had something go wrong at the worst possible moment?

Maybe your car broke down right before an important meeting. Or your phone died while you were waiting to hear back from a potential employer. For families experiencing homelessness, emergencies like these can be especially devastating. That's why, at Florida Resurrection House, we have an emergency fund to help families get through unexpected challenges.

Just the other day, one of our participants had finished her internship and was actively interviewing for jobs. Her cell phone, which was crucial for receiving callbacks, suddenly stopped working. It would have cost \$150 to repair, but she had no money to cover the expense. This could have spiraled into a major setback, but instead, our emergency fund was able to step in and provide the support she needed to get back on track.

By providing families with access to emergency funds, we're able to help prevent small



problems from turning into major crises. It's just one of the many ways we're working to end the cycle of poverty for single-parent families and create a brighter future for families in the Tampa Bay area.

It's your donations that replenish the emergency fund, so thank you for providing a helping hand to families in times of crisis. And if you're not involved yet, we would love to have you!

Florida Resurrection House is one of the Cathedral's community partners. The Cathedral provides regular support, both financial and in-kind, including our Christmas Giving Tree, our annual spring party for residents, holiday food baskets, and the Hymn Festival on September 17 (see story, [Page 4](#)).

Together, we can help lift families out of poverty and provide them with the support they need to succeed. Please consider donating to our emergency fund today! Click to give: <https://floridaresurrectionhouse.org/make-a-one-time-gift/>

Click to give: <https://floridaresurrectionhouse.org/make-a-one-time-gift/>

EYSeedlings:

Faith Formation for 3rd-5th graders
Sunday, September 10, from 11:30 a.m.-
1:30 p.m., lunch provided

Extra, Extra!

Have you heard the story of Jesus feeding a huge crowd of people with just five loaves of bread and two fish? Sometimes it's hard to believe there will be enough for everyone. We'll come together to make sure that kids have access to food. Join us to have fun decorating and filling up Blessing Bags for children at the St. Pete Youth Farm and make fresh banana and blueberry muffins to share.



Sarah Lewis fills a Blessing Bag. Photo by HILLARY PEETE



EYC Goes to Brunch
Sunday, September 17, from 11:30
a.m.-1 p.m.

After the 10:15 a.m. service, we'll walk over to Flip Crepes + Waffles for brunch. Please bring \$10 and the Cathedral will cover the rest.



Joseph Shideler and Dustin Knight. Photo by HILLARY PEETE

EYC:
Faith Formation for 6th-12th graders
Sundays, September 10 and 24, from
5-7 p.m.

Groupie or Disciple

Sometimes it's hard to feel part of a group, or maybe you just prefer to go it alone. Can we learn something from the group of Jesus's disciples about what it means to follow Jesus? Over two weeks, we'll talk about the importance of community and how we can grow from being a fan to a follower of Christ.

Parents' Discussion Group

The Emotional Life of Teenagers by Dr. Lisa Damour

<https://drlisadamour.com/books/the-emotional-lives-of-teenagers/>

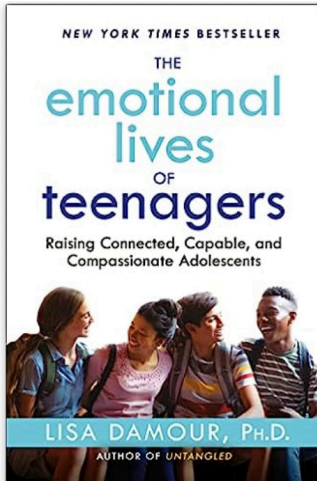
Thursdays, September 14, 21, 28 at 8 p.m. on Zoom

Sunday, October 8 at noon | in-person discussion with Dr. Scott Strader

Parents and guardians of tweens and teens are encouraged to come together

to learn and build a community of support. The Zoom registration link and a reading guide will be shared at spcathedral.org/youth.

Join us for all four sessions or as many as you can. You can purchase the book lo-



cally at Tombolo Books or wherever you buy your books. Hillary Peete will lead the discussions.

“In teenagers, powerful emotions come with the territory,” the author says. “And with so many of today’s teens contending with academic pressure, social media stress, worries about the future, and concerns about their own mental health, it’s easy for them—and their parents—to feel anxious and overwhelmed. But it doesn’t have to be that way.”

- Parents who read this book will learn:
- what to expect in the normal course of adolescent emotional development and when it’s time to worry
 - why teens (and adults) need to understand that mental health

isn’t about “feeling good” but about having feelings that fit the moment, even if those feelings are unwanted or painful

- strategies for supporting teens who feel at the mercy of their emotions so they can become psychologically aware and skilled at managing their feelings
- how to approach common challenges that come with adolescence, such as friction at home, spiking anxiety, risky behavior, navigating friendships and romances, the pull of social media, and many more
- the best ways to stay connected to their teens and how to provide the kind of relationship that adolescents need and want

Hang In, Hang Out

Our youth enjoy movie night on a new monitor, in our newly refreshed and repainted Youth Room, formerly the Children's Chapel space. Stop by and take a look!

Photo by HILLARY PEETE



Bishop Curry to Undergo Surgery

Please keep Presiding Bishop Michael Curry in your prayers this month. On September 8 he is scheduled to undergo surgery to remove his right adrenal gland and an attached mass. His recovery period will be two to three weeks, after which he is expected to return to his regular work schedule. Bishop Curry was hospitalized in August to address a recurrence of internal bleeding. Diagnosis led to the decision to perform the surgery.



20s-40s

Saturday, September 9, from 7 to 9 p.m.

Get Ready to Par-tee!

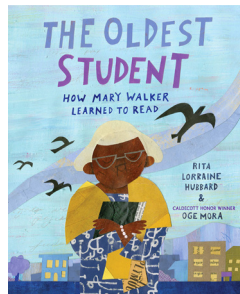
Our 20s-40s group has reserved two bays at Top Golf and can host a total of 12 people, and six tickets are already gone. Be sure to RSVP to Hillary Peete (hpeete@spcathedral.com) today to secure your spot.

The total cost for two hours of play and the “Fan Faves” menu is \$50 per person. This is an expensive outing, but something the group has been talking about for a while. We do not want the cost to prohibit anyone from joining us. Please feel free to pay what you are able between \$20 and \$50 per person.

Messy Church:
Faith Formation for Families
Thursday, September 7, from 5:30-7:15 p.m.

Always Learning: Jesus in the Temple

One of the few stories we have about Jesus as a child is when his parents thought he was lost and then found him



in the temple sitting among the teachers. We'll talk about the importance of being lifelong learners and hear the story of Mary Walker. She was born enslaved and then learned to read at the age of 116. Messy activities include making our own Lego mazes and a scavenger hunt in the church. Dinner is provided from 5:30 to 6 p.m. Please RSVP to Hillary Peete (hpeete@spcathedral.com) by Tuesday, September 5.



Prayer and Meditation Group Welcomes You

Our centering prayer group, Pray, Meditate, and Connect, will meet in the Chapter Room from 1:30 to 2:30 p.m. on September 2 and 16.

Join them to share prayer concerns, 20 minutes of silent meditation, and a brief prayer service as we deepen our fellowship through prayer. Save the dates and participate as you are able.

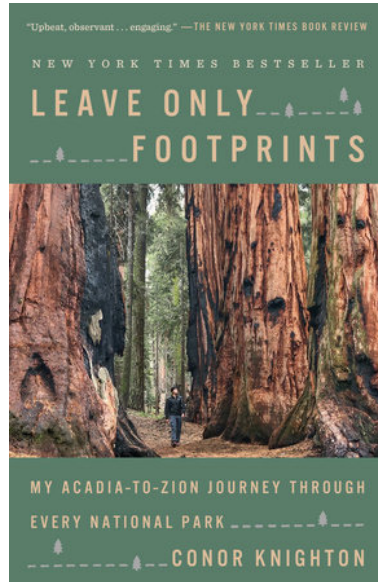
The group is led by Karen Payne-Taylor and Jannie Hume, who have years of experience with silent meditation groups. For more information or to register your interest, please contact Jannie (jhume6@tampabay.rr.com) or visit spcathedral.org/meditate.

The Book Club Is Touring the National Parks from East to West

Vacation season isn't over! This month the St. Peter's Book Club will visit national parks from coast to coast.

Their title for September is *Leave Only Footprints: My Acadia-to-Zion Journey Through Every National Park*, by Conor Knighton. The CBS Sunday Morning correspondent offers a behind-the-scenes look at his year traveling to each of America's National Parks, discovering the most beautiful places and most interesting people our country has to offer. Judy Beck is the presenter.

All are welcome to join the discussion at 6:30 p.m. Tuesday, September 26, in the Chapter Room. Or visit spcathedral.org/book-club for a Zoom link. This is where you'll also find a list of upcoming books the club will discuss from now through November.



Wet and Wild

Our EYSeedlings and our EYC had a great day of swimming, games, food, even cards (waterproof!) at the Alberts' to celebrate the end of summer vacation and the start of the school year. Staying wet and cool: Maggie Albert and her friend Lilly.

Welcome the Newly Baptized

We celebrated five baptisms on August 5: Barrett Dahm, son of Matthew and Danie Dahm; Luke Saut, son of Michael Saut and Ashley Furnari; Andy Perry; Clark Perry, son of Jake and Andy Perry (pictured); and Millie Dvoracsek, daughter of Jessica and Phil Dvoracsek.



Our Facilities Are Now in The Capable Hands of Michael Ricciardi

Please congratulate Michael Ricciardi on his new position as Building and Grounds Coordinator.

Since Michael and his wife, Lois, joined St. Peter's in 2018, he has volunteered as an usher, coffee-hour host, cook for Messy Church and Vacation Bible School, co-chair of the Flower Guild, and a member of the Chapter (2020-2023). When the Cathedral emerged from Covid lockdown in 2021, Michael assisted the staff in the reopening of the building according to local and church guidelines.

"It was during this period and throughout the following year that I was able to better understand the entire building footprint from an operations standpoint, including the amount of time and effort it takes to maintain and upkeep

the interior and exterior of both our historic Church building and the entire first floor of the new building," Michael says.

In his new staff role, Michael is in charge of routine maintenance and repairs (including recent repainting of staff offices and the Youth Room and Children's Chapel), day-to-day upkeep, and small projects. He is also charged with coordinating with outside vendors and contractors on major work, such as long-postponed upgrades to the lighting and electrical systems in the Cathedral, carpet cleaning, annual maintenance

of kitchen appliances, and continuing monitoring of the air-conditioning system. He meets regularly with the Buildings and Grounds Committee.

"Michael is amazing!" says the Rev. Mike

Alford. "In just a few short weeks he has completely transformed our staff offices and youth and children's areas. Fresh paint, new furniture, and beautiful wall art have all been assembled/installed/completed, thanks to his hard work. We are very fortunate to have Michael on staff."

In his spare time, Michael says, "I enjoy taking mini getaways with my wife, Lois" — Christmas in Mount Dora is a must — and "spending time with friends and family, or just chilling at a Rays or Rowdies game."



Michael Ricciardi

Around the Cathedral

Labor Day

The Cathedral is closed Monday, September 4, for the Labor Day holiday. We reopen at 9 a.m. Tuesday, September 5, when we return to winter hours: Monday through Thursday, 9 a.m. to 4 p.m.

OWLS Will Visit Fire Station

The OWLS, our new senior ministry, will tour the St. Petersburg Fire Station on Fourth Street N at 25th Avenue at 1 p.m. Sunday, September 3. There's an optional brunch first at 11:30 a.m. at Grand Hacienda, 399 11th Ave. N. Please speak to Tallulah Taylor (tallulahst@icloud.com) for more information.

OWLS
Seniors Ministry



Coffee with the Clergy

Newcomers and others are invited to Coffee with the Clergy from 9 to 9:45 a.m. Sunday, September 17. Our curate, the Rev. Mike Alford, will be happy to welcome you, tell you more about St. Peter's, and learn more about you.



Clinic Takes September Off

Our blood-pressure clinic on the first Sunday of the month is taking a break in September. Our faith community nurse, Rita Sewell, provides consultations on health matters or mind-body-spirit issues by appointment. E-mail Rita Sewell at nurse@spcathedral.com to make an appointment to meet on Sundays or by phone, Zoom, or in person at your home.

Save October 1: Christmas Pageant Choir Rehearsals Start!

Yes, yes, it's Christmas in October. More details to come!

Rehearsals for the Children's Choir will take place on Sundays, October 1-November 12. We will take a break for Thanksgiving and then have a rehearsal on Sunday, December 10. The Christmas Pageant will be on Sunday, December 17, during the 10:15 a.m. service. Hillary Peete and Michelle Thomas will be in touch with families and youth about the choir and speaking parts.



September Transitions

Birthdays

1	Mike Schillace	8	Brandon Peete	14	Noah Thomas
3	Penny Burns	8	W. Reid Carlisle	15	Rachel Chase
3	Ralph Hancock	10	Karen Gums	16	Maddie Hasbrouck
3	Karen Raihill	10	Julia Barlow	16	Bill Clark
3	Aly Davis	10	Alfred Phillips	17	Sarah Hill
4	Gwennie Sosa	10	Ellis Lenhardt	17	Tommy Chase
6	Chuck Parsons	11	Jonathan Soots	18	Jennyanne Fiorino
6	Glenda Rice	11	Amanda Cotrino	19	Karen Torrasi
6	Emma Zarate	11	Jannie Hume	20	Tim Baker
7	Mary K Wilson	11	Andi Gorton	20	Kathleen Peters
7	Frank Casorio	11	Cheryl Saut	21	Marion Fleming
8	Dottie Choate	13	Diana Craig	21	Jean Beshears
8	Troy Craft	13	Lydia Frederick	22	Scott Strader
8	Carlynn Crosby	14	Tom McGowan	22	Jean Ann Echternach
8	Janet Bryant	14	Ellen McDonald	22	Darlene Limtiaco
8	Anysia McDowall	14	Clark Perry	23	Starin Shoupe
				23	Tammy Ramsey
				23	Peter Barlow
				23	Jack Clark
				23	Maggie Mardirosian
				24	Charlotte Bacon
				24	Kathy Michaels
				25	Cathy Rome

25	Thomas FitzGerald	28	Stephanie Klima
27	Elaine Clark	29	Richard Dahm
28	Jenny Amundrud	29	Danie Dahm
28	Debra Eich	30	Jay Marshall
28	Elizabeth Stevenson		

Anniversaries

1	Kathleen & Jacob Peters	20	Ellen Alexander & Meg Banitch
2	Robert Culpepper & Peter Hamarich	20	Amy & Jason Venable
3	Paul Bonneau & Ed Johnson	23	Judy & Troy Holland
6	Mark & Kathy Campbell	24	Bill & Franci Cross
7	Marshall & Diana Craig	24	Mark & Celeste Stroud
9	Tom & Nancy Thomas	24	Thomas Williams & Marty Gould
11	John & Gail McCoy	25	Tim & Theresa Holly
13	Michelle & Steve Plichta	30	Dave & Leann Corey
16	Jean Ann & John Echternach		
19	David & Marilyn Hobbs		
19	Patty & Will Hollingsworth		

If you'd like to receive Crosstown electronically, please send an e-mail to agorton@spcathedral.com asking us to put you on our electronic mailing list.

Those Who Have Died

Agnes Seroor

St. Peter's: A Guide

Our Worship Schedule

Sunday, 8 a.m., Holy Eucharist Rite I and sermon

**Sunday, 10:15 a.m., Holy Eucharist Rite II
and sermon**

Wednesday, 12:05 p.m., Holy Eucharist

**Fourth Sunday, 5 p.m., Choral Evensong
(through April except December)**

Sunday services at 10:15 a.m. can be viewed on Facebook or at [spcathedral.org/worship-live-stream](https://www.spcathedral.org/worship-live-stream), where the order of service can be downloaded.

**If you have a pastoral emergency after hours,
please call (727) 822-4173 ext. 1 to speak to
a member of the clergy.**

Crosstown is the online newsletter of the people of the Cathedral Church of St. Peter, published monthly for members, friends, and supporters. Editor, Judy Stark (JudyStark@yahoo.com), Associate Editor, Mary W. Matthews (MotherMary@extremelysmart.com). **Next deadline: September 15, 2023.**

At the foot of the cross in downtown St. Petersburg

Getting in Touch:

Office: 140 Fourth St. N, 33701

Mailing address:

P.O. Box 1581, St. Petersburg, FL 33731-1581

Telephone:

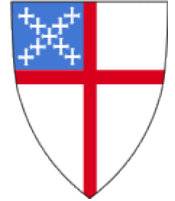
(727) 822-4173

E-mail:

spcathedral@spcathedral.com

Web site:

www.spcathedral.org



Diocesan leadership:

The Rt. Rev. Dr. Douglas F. Scharf, Bishop

The Rev. Canon Richard H. Norman, Canon to the Ordinary

Our clergy and senior staff:

The Rev. Michael R. Alford, Curate

The Rev. Canon Brandon Peete, Canon for Hospitality

The Rev. Canon Dr. Thomas Williams, Canon Theologian

Mr. Dwight M. Thomas, Canon for Music and Precentor

The Right Rev. Barry R. Howe, Bishop in Residence